

Huntsville Oral and Maxillofacial Surgery Associates, P.C.

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Instructions for Patients Undergoing Oral Surgery and General Anesthesia

1. If you have morning surgery, **DO NOT EAT OR DRINK ANYTHING** (not even water) after midnight the night before.

This is for your safety and if not followed, **YOUR APPOINTMENT WILL HAVE TO BE RESCHEDULED.**

30CC OR LESS OF WATER MAY BE TAKEN WITH ANY PRESCRIBED MEDICATION.

Refrain from drinking any alcoholic beverages for 24 hours before and after surgery.

2. **A RESPONSIBLE ADULT WITH A VEHICLE MUST BE WITH YOU DURING YOUR ENTIRE STAY WITH US AND TO DRIVE YOU HOME.**
3. **ARRANGE FOR A RESPONSIBLE PERSON TO REMAIN WITH YOU FOR A FEW HOURS AFTER SURGERY.** Do not be responsible for small children after appointment.
4. All minors must have parent or legal guardian to sign a permit for Oral Surgery and Anesthesia.
5. Appointments are made for a precise time but in an actual surgical practice delays are sometimes unavoidable. Plan to be in the office 1 to 1-1/2 hours.
6. **DO** brush your teeth and cleanse your mouth the morning of your surgery to help avoid infection.
7. Wear loose fitting, old comfortable clothes; short sleeve shirts or blouses are desirable. **DO NOT** wear high heeled shoes.
8. **DO NOT** wear contact lenses unless they are disposable.
9. **DO NOT** wear eye makeup, heavy face makeup, wigs, hairpieces, perfume. Remove any tongue or lip jewelry. Remove fingernail polish.
10. If you are prevented from keeping your appointment, please notify this office as soon as possible.
11. Have a pillow, light blanket, and a box of Kleenex in the car.
12. • Full instructions and prescriptions for post-operative care will be given to the patient on the day of surgery and an appointment made for the post-operative visit.
 - If you have a serious illness or are under the care of a physician, tell him/her of your surgical plans. If he/she feels it is indicated, let him/her give you a check-up, advise us of his/her findings, and recommendations prior to surgery. Take all medications the day of surgery unless specifically told not to.
 - Additional x-rays may be required and ordered by the doctor prior to your surgery. The purpose is to insure that you receive appropriate, safe, and expert care.
13. Inform the doctor if you are pregnant or have reason to believe that you may be pregnant.
14. Do not drive a car or operate hazardous machinery or appliances for at least 24 hours following anesthesia.